

## Pregnancy-specific reminder CARD FOR PATIENTS

This material was developed by Teva Canada Limited, as part of the risk minimization plan for Teva-Fingolimod. This material is not intended for promotional use.

This medicine is subject to additional monitoring. For more information, please consult the Patient Medication leaflet included with your prescription before you start taking fingolimod. You can also read the Teva-Fingolimod Patients and Caregivers Guide provided by your healthcare provider.

## Before starting treatment with Teva-Fingolimod Do not take Teva-Fingolimod if:



- You are pregnant, suspect you may be pregnant or are planning to become pregnant.
- You are a woman of child-bearing age (including female adolescents), not using effective methods of birth control.
- You are of childbearing age, until it is confirmed with a pregnancy test that you are not pregnant. This is done just before you begin treatment with Teva-Fingolimod.

Teva-Fingolimod can harm your unborn baby. If you are a female who could become pregnant or a female planning to become pregnant before you start treatment with Teva-Fingolimod talk to your healthcare professional. Your healthcare professional will:

- Tell you about the risk to an unborn baby.
- Ask you to do a pregnancy test to make sure that you are not pregnant.
- Talk to you about your birth control options.
- You must use effective birth control while taking Teva-Fingolimod and for two months after you stop taking it.

Talk to your healthcare professional about the most effective birth control options available to you.

## While you are taking Teva-Fingolimod



- You must <u>not</u> become pregnant while taking Teva-Fingolimod and for 2 months after you stop your treatment, because of the risk of harming your unborn child.
- Talk with your healthcare professional about the associated risk and about reliable methods of birth control that you must use during your treatment and for 2 months after you stop taking fingolimod.
- If you do become pregnant while taking Teva-Fingolimod, tell your healthcare professional right away. You and your healthcare professional will decide what is best for you and your baby.
- You should not breastfeed while you are taking Teva-Fingolimod, as it can pass into breast milk and there is a risk of serious side effects for your baby.
- If you become pregnant while taking Teva-Fingolimod, you can call Teva Canada Ltd. at 1-800-268-4127 ext. 3

Your healthcare professional will encourage you to enrol in the Teva-Fingolimod Pregnancy Registry.

The purpose of this registry is to monitor the outcomes of pregnancy in women exposed to fingolimod during pregnancy.

## After stopping Teva-Fingolimod treatment



- Talk to your healthcare professional immediately if your MS symptoms get worse after stopping treatment with fingolimod.
- You will need to use effective birth control methods for 2 months after you stop your treatment.

